

Anderson School Lunch January 2023

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
Spaghetti with Meatballs or Marinara Sauce Broccoli Salad Garlic Cheese Bread Sticks Apples Chicken Noodle Soup Salad Bar and Yogurt Bar 1% or Skim Milk	Hamburgers or Veggie Burgers Veggie Pasta Salad Sweet Potato Fries Mandarin Oranges Creamy Tomato Dill Soup Salad Bar and Yogurt Bar 1% or Skim Milk	Baked Potatoes with Toppings Bar (Sausage, Cheese, Broccoli, Sour Cream) Carrots and Celery Sticks Grapes Broccoli Cheddar Soup Salad Bar and Yogurt Bar 1% or Skim Milk	Cinnamon Rolls Beef Chili or Vegetarian Chili Cherry Yogurt Smoothies(GF) Chefs Salad Vegetarian Chili(DF, GF) Salad Bar and Yogurt Bar 1% or Skim Milk	Classroom Bingo Lunch Day To be announced Turkey and Wild Rice Soup Salad Bar and Yogurt Bar 1% milk or chocolate milk
9	10	11	12	13
Chicken Fajitas with Veggies Guacamole, Salsa, Sour Cream Spanish Rice Black Bean and Corn Salad Apples Chicken Noodle Soup Salad Bar and Yogurt Bar 1% or Skim Milk	French Dip Beef Sandwiches Basil Pesto Salad French Fries Peaches Tomato Florentine Soup (DF,GF) Salad Bar and Yogurt Bar 1% orSkim milk	Chicken Alfredo Pasta Broccoli Salad Cheesy Breadsticks Mixed Fruit Salad Taco Soup with Chicken(DF, GF) Salad Bar and Yogurt Bar 1 % orSkim milk	Breakfast Sandwiches Breakfast Potatoes Blueberry Yogurt Cups Carrots and Celery Sticks Ham and Lentil Soup Salad Bar and Yogurt Bar 1% or Skim Milk	Classroom Bingo Lunch Day To be announced Green Curry Chicken Soup Salad Bar and Yogurt Bar 1% milk or Chocolate Milk
16	17	18	19	20
No School	Turkey and Salami Club Wraps Veggie Pasta Salad Chips Peaches Creamy Tomato Dill Soup(GF) Salad Bar and Yogurt Bar 1% or Skim Milk	Mac and Cheese Breadsticks Carrots and Celery Sticks Grapes Turkey and Wild Rice Soup Salad Bar and Yogurt Bar 1% or Skim Milk	Hamburgers or Veggie Burgers French Fries Tomato and Cucumber Salad Mandarin Oranges Broccoli Cheddar Soup Salad Bar and Yogurt Bar 1% or skim milk	Classroom Bingo Lunch Day to be announced Curried Coconut Carrot and Apple Soup Salad Bar and Yogurt Bar 1% milk or Chocolate Milk
23	24	25	26	27
Chicken Enchiladas Guacamole, Salsa, Sour Cream Spanish Brown Rice Refried Beans Apples Chicken Noodle Soup Salad Bar and Yogurt Bar 1% or Skim Milk	Italian Sausage and Bell Pepper Subs Chefs Salad Sun Chips Mixed Fruit Salad Tomato Florentine Soup(GF,DF) Salad Bar and Yogurt Bar 1% or Skim Milk	Lasagna with Beef Lasagna with Vegetables Broccoli Salad Pears Corn and Potato Chowder Salad Bar and Yogurt Bar 1% or Skim Milk	Waffles with Cream Breakfast Potatoes Sausage Links Oranges Broccoli Cheddar Soup Salad Bar and Yogurt Bar 1% or Skim Milk	Classroom Bingo Lunch Day to be announced Beef Stew Salad Bar and Yogurt Bar 1% milk or chocolate milk
30	31			
Orange Chicken Rice Bowls Asian Broccoli Stir Fry Veggie Egg Rolls Mandarin Oranges Chicken Noodle Soup Salad Bar and Yogurt Bar 1% or Skim Milk	Grilled Cheese Sandwich Creamy Tomato Soup Chips Steamed Broccoli Apples Creamy Tomato Dill Soup Salad Bar and Yogurt Bar 1% or Skim Milk			

Soup & Salad Bar

Veggies:

Mixed Greens (Romaine & Spinach)
Local Carrots
Broccoli Florets
Cauliflower Florets
Celery Sticks
Cherry Tomatoes
Pickle Spears
Radish(seasonal)
Sliced Cucumber
Sugar Snap Peas(seasonal)
Local Beets
Corn

Fresh Fruit:

Seasonal Varieties

Proteins:

Vanilla Low Fat Yogurts
Fat Free Cottage Cheese
Shredded Low Fat Cheddar & Mozzarella Cheese
Sliced Ham
Sliced Turkey(out of stock)
Chicken Strips
Chopped Hard Boiled Eggs
Garbanzo Beans
Sunflower Nuts

Grains:

Wheat Croutons
Whole Grain Breadsticks
Granola(Nut Free, DF)

Condiments:

Italian Salad Dressing(GF,DF)
Ranch Dressing
Poppyseed Dressing(GF)

Soup:

- The daily soup is listed on menu please note dietary accommodations/restrictions

Harvest of the Month

January Harvest of the Month is Dairy. Be on the lookout for how dairy is an important part of a healthy meal in school lunches providing protein and vitamins for a healthy diet. Also be on the lookout for fun facts and school tastings on this Harvest of the Month.

If you have any questions, comments or concerns, please feel free to contact me.

**Kate Huston
Food Service Director
Anderson School
10040 Cottonwood Rd.
Bozeman, MT. 59718
406-587-1305- work ext. 109
406-587-6386- cell
khuston@andersonmt.org**