


Anderson School Lunch Menu January 2022

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
Teriyaki Chicken Cream Cheese Wontons Rice Sauteed Garlic Broccoli Apples or Salad, Veggies, Chicken Strips, Cheese Sticks, Fruit, Roll & Turkey & Rice Soup 1% & Skim White Milk 1% Chocolate Milk	French Dip Baked Chips Potato Salad Mixed Fruit or Salad, Veggies, Chicken Strips, Cheese Sticks, Fruit, Roll, & Chicken Noodle Soup, 1% & Skim White Milk & Chocolate	Pasta Primavera with Grilled Chicken Mozzarella Breadstick Green Grapes Or Salad Bar with Taco Soup 1% & Skim White Milk & Chocolate Milk	Cold Cereal Yogurt Cup Bagel w/Cream Cheese Bananas Snap Peas Juice Or Salad Bar with Vegetable Beef Barley Soup 1% White & Chocolate Milk	Chicken Tenderloin Strips Baked Sweet Potato Fries Carrots & Celery Strawberry Cup Or Salad Bar with Cream of Tomato Soup (GF&DF) 1% White & Chocolate Milk Dirt w/Worms
10	11	12	13	14
Walking Tacos Topping Station Refried Beans Pears Or Salad Bar with Tomato Florentine Soup (DF) 1% White & Chocolate Milk	Sunbutter & Jelly Sandwich Chicken Noodle Soup Broccoli Salad Applesauce Cup Or Salad Bar with Chicken Tortilla Soup 1% White & Chocolate Milk	Mac & Cheese Breadsticks Mixed Green Salad Cantaloupe Or Salad Bar with Cream of Potato Soup 1% White & Chocolate Milk	Waffles Scrambled Cheesy Eggs Sausage Links Oranges Juice Or Salad Bar with Chicken Noodle Soup 1% White & Chocolate Milk	Beef Hot Dog Toppings Crinkle Fries Baked Beans Honey Dew Or Salad Bar with Minestrone Soup 1% White & Chocolate Milk Rice Krispie Treat
17	18	19	20	21
NO SCHOOL	BBQ Pulled Pork on Bun Baked French Fries Cole Slaw Peaches Or Salad Bar with Chicken & Dumpling Soup 1% White & Chocolate Milk	Baked Potato w/ Toppings Mozzarella Bread Stick Marinara Dipping Sauce Red Grapes Or Salad Bar with Taco Soup 1% White & Chocolate Milk	Sausage, Egg & Cheese English Muffin Breakfast Sandwich Hash Brown Patty Orange Juice Or Salad Bar with Creamy Tomato Basil Soup 1% White & Chocolate Milk	Cheese Burger Topping Baked French Fries Apples Or Salad Bar with Chili 1% White & Chocolate Milk Sugar Cookie
24	25	26	27	28
Chicken & Cheese Taquitos Tortilla Chips & Salsa Black Bean Salad Cantaloupe or Salad Bar with Tomato Florentine Soup 1% & Skim White Milk, Chocolate Milk	Grilled Cheese Sandwich Tomato Soup Pasta Salad Pears or Salad Bar with Chicken Noodle Soup 1% & Skim White Milk & Chocolate Milk	Grilled Chicken Caesar Salad Garlic Bread Fresh Veggie Variety Wild Berry Cup or Salad Bar with Creamy Tomato Basil Soup 1% & Skim White Milk, Chocolate Milk	Cinnamon Roll w/Cream Cheese Frosting Bacon Sugar Snap Peas Mixed Berry Yogurt Parfait or Salad Bar with Cream of Potato Soup 1% & Skim White Milk, Chocolate Milk	Cheese or Pepperoni Pizza Mixed Green Salad Peaches or Salad Bar with Corn Chowder Soup (GF) 1% & Skim White Milk, Chocolate Milk Mini Donuts
31				
Pork & Veggie Ramen Noodle Bowl Topping Station Potstickers Edamame Mandarin Oranges or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk, Chocolate Milk				

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Veggies:

Carrots
Celery
Chickpeas
Cucumber
Corn
Grape Tomatoes
Pickles
Romaine-Iceberg Mix
Spinach

Fresh Fruit:

Seasonal Varieties

Proteins:

Cheese
Chicken Strips
Cottage Cheese
Ham
Sunflower Butter
Sunflower Seeds
Turkey
Yogurt Variety

Breadsticks
Crackers
Croutons
Rice Cakes (GF)

Grains:

Dressings:

Balsamic Vinaigrette
Caesar
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Smart Balance

Lunch Prices:

Student lunches are free for the 2021-2022 school year!

Second servings of fruits & vegetables are included with lunch.

Adults \$4.25

Milk, dessert, soup & ala carte items from the salad bar are available for purchase.

If you have any questions, please contact me.

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