


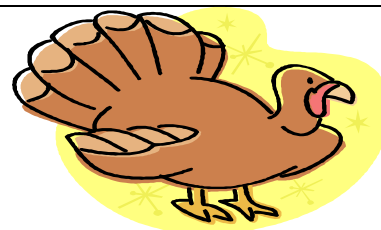


## Anderson School Lunch Menu November 2021

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Chicken Chow Mein Crispy Chinese Noodles Cream Cheese Wontons Pineapple Or Salad Bar with Chicken Noodle Soup (DF) 1% White & Chocolate Milk	Roast Turkey Stuffing Roll Mashed Potatoes & Gravy Cranberry Sauce Or Salad Bar with Creamy Tomato Basil Soup (GF) 1% White & Chocolate Milk	Spaghetti & Meatballs with Marinara Garlic Bread Caesar Salad Watermelon Or Salad Bar with Broccoli Cheddar Soup 1% White & Chocolate Milk	<b>Early Dismissal 12:30</b> <b>No Lunch</b> <b>Snack Provided</b> Cheese Stick Salami Crackers Mandarin Orange Milk	<h1 style="font-size: 2em;">No School</h1>
8	9	10	11	12
Chicken & Cheese Quesadillas Mexican Rice Black Beans Mandarin Oranges Or Salad Bar with Split Pea & Ham Soup (GF&DF) 1% White & Chocolate Milk	Grilled Ham & Cheese Sandwich Tomato Soup Celery Sticks with Sunflower Butter Green Grapes Or Salad Bar with Chicken & Dumpling Soup 1% White & Chocolate Milk	Macaroni & Cheese with or w/o Hot Dogs & Hamburger Roll Peas Pears Or Salad Bar with Tomato Florentine Soup (DF) 1% White & Chocolate Milk	Cinnamon Roll w/ Cream Cheese Frosting Bacon Scrambled Cheesy Eggs Sugar Snap Peas Bananas Orange Juice Or Salad Bar with Taco Soup (GF&DF) 1% White & Chocolate Milk	Breaded Chicken Tenderloin Strips Baked Potato Smiles Carrot Sticks Blueberries Or Salad Bar with Clam Chowder 1% White & Chocolate Milk Frosted Pumpkin Cake
15	16	17	18	19
Teriyaki Chicken (GF) Egg Roll Rice Sautéed Broccoli Dragon Fruit Or Salad Bar with Creamy Tomato Basil Soup (GF) 1% White & Chocolate Milk	BBQ Pulled Pork Sandwich Baked Chips Cole Slaw Mixed Berry Cup Or Salad Bar with Cream of Potato Soup (GF) 1% White & Chocolate Milk	Baked Potato with or w/o Sausage & Bacon Topping Station Mozzarella Bread Stick Marinara Dipping Sauce Red Grapes Or Salad Bar with Chicken Tortilla Soup (GF&DF) 1% White & Chocolate Milk	Variety of Cold Cereals Bagel with Cream Cheese Yogurt Cup Cantaloupe Apple Juice Or Salad Bar with Italian Meatball Soup (DF) 1% White & Chocolate Milk	Beef Hot Dog Topping Station Baked Beans Baked Sweet Potato Crinkle Fries Apples Or Salad Bar with Cream of Mushroom Soup (GF) 1% White & Chocolate Milk Chocolate Chip Rice Krispie
22	23	24	25	26
Ground Beef & Turkey Nachos (GF) Topping Station Spiced Pinto Beans Honeydew Or Salad Bar with Italian Meatball Soup (DF) 1% White & Chocolate Milk	French Dip Baked Potato Wedges Cucumber Salad Peaches Or Salad Bar with Chicken Noodle Soup (DF) 1% White & Chocolate Milk	<h1 style="font-size: 2em;">No School</h1> <h1 style="font-size: 2em;">Thanksgiving</h1> <h1 style="font-size: 2em;">Break</h1>		<h1 style="font-size: 2em;">No School</h1> <h1 style="font-size: 2em;">Thanksgiving</h1> <h1 style="font-size: 2em;">Break</h1>
29	30	31	1	2
Orange Chicken Veggie Fried Rice Veggie Spring Roll Pineapple Or Salad Bar with Chicken & Dumpling Soup 1% White & Chocolate Milk	BLT Sandwich Baked Chips Broccoli Salad Peaches Or Salad Bar with Taco Soup (GF&DF) 1% White & Chocolate Milk			

**All grains are whole wheat, wholegrain or multigrain**

**GF= gluten free**

**DF= dairy free**

**Veggies:**

Carrots  
Celery  
Chickpeas  
Cucumber  
Corn  
Grape Tomatoes  
Pickles  
Romaine-Iceberg Mix  
Spinach

**Fresh Fruit:**

Seasonal Varieties

**Proteins:**

Cheese  
Chicken Strips  
Cottage Cheese  
Ham  
Sunflower Butter  
Sunflower Seeds  
Turkey  
Yogurt Variety

**Grains:**

Breadsticks  
Crackers  
Croutons  
Rice Cakes (GF)

**Dressings:**

Balsamic Vinaigrette  
Caesar  
Poppy Seed  
Ranch

**Condiments:**

Butter  
Jellies  
Ketchup  
Smart Balance

**Lunch Prices:**

Student lunches are free for the 2021-2022 school year!

Second servings of fruits & vegetables are included with lunch.

Adults \$4.25

Milk, dessert, soup & ala carte items from the salad bar are available for purchase.

If you have any questions, please contact me.

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