

Anderson School Lunch Menu September 2021

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30
31				



**Labor Day
No School**

Grilled Cheese Sandwich
Tomato Soup
Celery Sticks with Sunflower Butter
Cantaloupe
Or
Salad Bar with Taco Soup (GF&DF)
1% White & Chocolate Milk
First Day of School

Grilled Chicken Caesar Salad (GF)
Garlic Bread
Carrot Sticks
Apples
Or
Salad Bar with Cream of Potato Soup (GF)
1% White & Chocolate Milk

Pancakes
Bacon
Scrambled Cheesy Eggs
Sugar Snap Peas
Strawberries
Grape Juice
Or
Salad Bar with Creamy Tomato
Basil Soup (GF)
1% White & Chocolate Milk

Hamburger with or w/o Cheese Variety
Topping Station
Baked French Fries
Watermelon
Or
Salad Bar with Boston Clam Chowder
1% White & Chocolate Milk
First Day of Kindergarten

Ground Beef & Turkey Nachos (GF)
Topping Station
Pinto Beans
Mandarin Oranges
Or
Salad Bar with Chicken & Dumpling
Soup
1% White & Chocolate Milk

French Dip
Baked Potato Wedges
Cucumber Salad
Red Grapes
Or
Salad Bar with Italian Meatball Soup (DF)
1% White & Chocolate Milk

Macaroni & Cheese with or w/o
Hot Dogs & Hamburger
Roll
Peas
Pears
Or
Salad Bar with Cream of Broccoli
Cheddar Soup
1% White & Chocolate Milk

Sausage, Egg & Cheese Breakfast Sandwich
Hash Brown Patty
Celery Sticks
Oranges
Strawberry-Banana Smoothie
Or
Salad Bar with Tomato Florentine Soup (DF)
1% White & Chocolate Milk

Popcorn Chicken
Sweet Potato Waffle Fries
Corn
Honeydew
Or
Salad Bar with Chicken Tortilla Soup
(GF&DF)
1% White & Chocolate Milk
Glazed Mini Donuts

Teriyaki Chicken (GF)
Cream Cheese Wontons
Rice
Sautéed Broccoli
Pineapple
Or
Salad Bar with Tomato Soup
1% White & Chocolate Milk

BLT Sandwich
Pasta Salad
Baked Chips
Peaches
Or
Salad Bar with Chicken Noodle Soup (DF)
1% White & Chocolate Milk

Baked Potato with or w/o
Sausage & Bacon
Topping Station
Mozzarella Bread Stick
Marinara Dipping Sauce
Cherries
Or
Salad Bar with Vegetable Beef Barley Soup (DF)
1% White & Chocolate Milk

Variety of Cold Cereals
Bagel with Cream Cheese
Yogurt Cup
Bananas
Apple Juice
Or
Salad Bar with Cream of Potato Soup (GF)
1% White & Chocolate Milk

Beef Hot Dog
Topping Station
Baked Beans
Baked Potato Smiles
Kiwi
Or
Salad Bar with French Onion Soup (GF&DF)
1% White & Chocolate Milk
Rice Krispie Bar

Chicken Fajitas
Topping Station
Black Bean Salad
Mangos
Or
Salad Bar with Minestrone Soup (DF)
1% White & Chocolate Milk

BBQ Pulled Pork Sandwich
Cole Slaw
Baked Chips
Applesauce Cup
Or
Salad Bar with Chicken & Dumpling Soup
1% White & Chocolate Milk

Penne Pasta Primavera with
Grilled Chicken
Breadsticks
Green Grapes
Or
Salad Bar with Tomato Florentine Soup (DF)
1% White & Chocolate Milk

Frosted Cinnamon Roll
Scrambled Ham & Cheese Eggs
Sugar Snap Peas
Blueberries
Pineapple-Orange Juice
Or
Salad Bar with Taco Soup (GF&DF)
1% White & Chocolate Milk



All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Soup and Salad Bar

Veggies:

Carrots
Celery
Chickpeas
Cucumber
Corn
Grape Tomatoes
Pickles
Romaine-Iceberg Mix
Spring Mix

Fresh Fruit:

Seasonal Varieties

Proteins:

Cheese
Chicken Strips
Ham
Sunflower Butter
Turkey
Yogurt Variety

Grains:

Breadsticks
Crackers
Croutons
Rice Cakes (GF)
Rolls

Dressings:

Balsamic Vinaigrette
Caesar
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Smart Balance

Lunch Prices:

Student lunches are free for the 2021-2022 school year!

Second servings of fruits & vegetables are included with lunch.

Adults \$4.25

Milk, dessert, soup & ala carte items from the salad bar are available for purchase.

If you have any questions, please contact me.

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