

Anderson School Lunch Menu October 2020

Mon	Tue	Wed	Thu	Fri
			1 Pancakes Scrambled Ham & Cheese Eggs Grapefruit Carrots Grape Juice Or Salad, Fruit, Roll & Chicken Tortilla Soup (GF&DF) 1% White Milk 1% Chocolate Milk	2 Soft Pretzel Cheddar Cheese Sauce Broccoli & Cauliflower Apples Or Chef Salad, Ranch Dressing, Fruit, Roll & Corn Chowder Soup (GF) 1% White Milk 1% Chocolate Milk M&M Cookie
5 Chicken & Cheese Taquitos Tortilla Chips Pinto Beans Applesauce Cup Or Salad, Fruit, Roll & Chicken Noodle Soup (DF) 1% & Skim White Milk 1% Chocolate Milk	6 Breaded Chicken Patty Sandwich Potato Salad Pears Or Salad, Fruit, Roll & Tomato Florentine Soup (DF) 1% & Skim White Milk 1% Chocolate Milk	7 Baked Potato w/ Toppings Mozzarella Bread Stick Marinara Dipping Sauce Green Grapes Or Salad, Fruit, Roll & Taco Soup (GF&DF) 1% White Milk 1% Chocolate Milk	8 Waffle Stix Bacon Strawberries w/ Whipped Cream Sugar Snap Peas Apple Juice Or Salad, Fruit, Roll & Minestrone Soup (DF) 1% White Milk 1% Chocolate Milk	9 Cheese or Pepperoni-Sausage Pizza Mixed Green Salad Peaches Or Cobb Salad, Ranch Dressing, Fruit, Roll & Chicken Gumbo Soup (GF) 1% White Milk 1% Chocolate Milk Vanilla Ice Cream Cup
12 Orange Chicken Chicken & Veggie Potstickers Rice Pineapple Or Salad, Fruit, Roll & Cream of Potato Soup (GF) 1% White Milk 1% Chocolate Milk	13 Ham, Turkey, Salami, Cheddar & Provolone Sub Sandwich Baked Chips Celery Stick Nectarine Or Salad, Fruit, Roll & Tomato Soup (DF) 1% White Milk 1% Chocolate Milk	14 Spaghetti w/ Carbonara (Creamy Egg, Cheese & Bacon Sauce) Green Beans Cantaloupe Or Salad, Fruit, Roll & Thai Curry Chicken Noodle Soup (GF&DF) 1% White Milk 1% Chocolate Milk	PIR Day No School	
19 Chicken & Cheese Enchiladas Black Beans Rice Honeydew Or Salad, Fruit, Roll & Creamy Tomato Basil Soup (GF) 1% White Milk 1% Chocolate Milk	20 Grilled Chicken on Pita Bread Hummus & Pretzel Cup Mediterranean Quinoa Salad Mangos Or Salad, Fruit, Roll & Chicken Tortilla Soup (GF&DF) 1% White Milk 1% Chocolate Milk	21 Beef, Turkey & Bean Chili (GF&DF) Corn Bread Mixed Green Salad Apples Or Salad, Fruit, Roll & Chicken & Dumpling Soup 1% White Milk 1% Chocolate Milk	22 Cinnamon Roll w/Cream Cheese Frosting Scrambled Cheesy Eggs Oranges Mixed Berry Parfait Or Salad, Fruit, Roll & Kale, Bean & Kielbasa Soup (DF) 1% White Milk 1% Chocolate Milk	23 Chicken Corn Dog Tater Tots Corn Cherries Or Flank Steak Caesar Salad, Fruit, Roll & Butternut Bisque Soup (GF) 1% White Milk 1% Chocolate Milk Brownie w/ Icing
26 Pork & Veggie Ramen Noodle Bowl Cream Cheese Wontons Edamame Mandarin Oranges Or Salad, Fruit, Roll & Taco Soup (GF&DF) 1% White Milk 1% Chocolate Milk	27 Grilled Ham & Cheese Sandwich Tomato Soup Broccoli Salad Pears Or Salad, Fruit, Roll & Cream of Potato Soup (GF) 1% White Milk 1% Chocolate Milk	28 Macaroni & Cheese Roll Peas Broccoli Salad Blueberries Or Salad, Fruit, Roll & Tomato Florentine Soup (DF) 1% White Milk 1% Chocolate Milk	29 Biscuits w/ Sausage Gravy Scrambled Eggs Hash Browns Orange Juice Or Salad, Fruit, Roll & Chicken Noodle Soup (DF) 1% White Milk 1% Chocolate Milk	30 Cheeseburger Potato Smiles Watermelon Or Chicken Salad, Fruit, Roll & Broccoli Cheddar Soup 1% White Milk 1% Chocolate Milk Pumpkin Sugar Cookie

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Dear Anderson families,

Our lunch program is looking a little different right now. This is to ensure we provide the safest possible food service to our students & staff.

Self-service salad & soup bar will not be available at this time. Instead, we will have pre-made salads & soup. Salad will include mixed-greens, carrot sticks, cucumber slices, grape tomatoes, home-made Ranch, daily fruit, croutons, roll with butter & jelly. Fridays I will be making a specialty salad option.

Hot lunch will be pre-portioned. There will not be a self-serve topping & condiment station during this time.

We will be using eco-friendly, plant-based disposable food containers, cups & utensils as well.

My staff & I are all ServSafe certified. That means we are all professionally trained with current food safety & sanitization knowledge. We are taking every precaution to prepare & serve the nutritious, delicious lunches that Anderson School has become know for!

Our school has gone **PEANUT FREE** this year. So please keep that in mind when sending lunches & snacks from home.

Sincerely,

Miss Sally

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Lunch Prices:

K-4 \$3.25
5-8 \$3.75
Adults \$4.25
Milk .55