

Anderson School Lunch Menu September 2020

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
	Grilled Cheese Sandwich Tomato Soup Celery Applesauce Cup Or Salad, Fruit, Roll & Chicken & Dumpling Soup 1% White Milk 1% Chocolate Milk	Spaghetti & Meatballs with Marinara Garlic Bread Mixed Green Salad Green Grapes Or Salad, Fruit, Roll & Tomato Florentine Soup 1% White Milk 1% Chocolate Milk	Pancakes Scrambled Cheese Eggs Bacon Strawberries Orange Juice Or Salad, Fruit, Roll & Taco Soup (GF&DF) 1% White Milk 1% Chocolate Milk	<h1>No School</h1>
7	8	9	10	11
<h1>Labor Day No School</h1>	French Dip Baked Steak Fries Apples Or Salad, Fruit, Roll & Chicken Noodle Soup (DF) 1% & Skim White Milk 1% Chocolate Milk	Macaroni & Cheese Roll Peas Pears Or Salad, Fruit, Roll & Chicken Tortilla Soup (GF&DF) 1% White Milk 1% Chocolate Milk	Cinnamon Roll w/Cream Cheese Frosting Vanilla Yogurt Cup Blueberries Fruit Punch Juice Pouch Or Salad, Fruit, Roll & Cream of Potato Soup (GF) 1% White Milk 1% Chocolate Milk	Breaded Chicken Strips Baked Sweet Potato Fries Pineapple Or Spinach-Strawberry Salad, Poppyseed Dressing, Roll & French Onion Soup (GF&DF) 1% White Milk 1% Chocolate Milk Vanilla Ice Cream Sandwich
14	15	16	17	18
Ground Beef & Turkey Nachos (GF) Nacho Cheese Sauce Refried Beans Mandarin Oranges Or Salad, Fruit, Roll & Chicken & Dumpling Soup 1% White Milk 1% Chocolate Milk	Turkey & Provolone Sub Sandwich Baked Chips Carrots Honeydew Or Salad, Fruit, Roll & Taco Soup (GF&DF) 1% White Milk 1% Chocolate Milk	Chicken Alfredo over Rotini Breadstick Mixed Veggies Kiwi Or Salad, Fruit, Roll & Creamy Tomato Basil Soup (GF) 1% White Milk 1% Chocolate Milk	Sausage, Egg & Cheese English Muffin Breakfast Sandwich Hash Brown Patty Oranges Or Salad, Fruit, Roll & Vegetable Beef Barley Soup 1% White Milk 1% Chocolate Milk	Cheeseburger Baked French Fries Watermelon Or Grilled Chicken Caesar Salad, Fruit, Roll & Clam Chowder 1% White Milk 1% Chocolate Milk Rice Krispie Treat
21	22	23	24	25
Teriyaki Chicken Crispy Cream Cheese Wontons Rice Sautéed Garlic Broccoli Peaches Or Salad, Fruit, Roll & Turkey Rice Soup (GF&DF) 1% White Milk 1% Chocolate Milk	BBQ Pulled Pork Sandwich Baked Chips Cole Slaw Cherries Or Salad, Fruit, Roll & Tomato Florentine Soup 1% White Milk 1% Chocolate Milk	Penne Pasta Primavera with Grilled Chicken Mozzarella Bread Stick Red Grapes Or Salad, Fruit, Roll & Cream of Potato Soup (GF) 1% White Milk 1% Chocolate Milk	French Toast Sticks Sausage Links Scrambled Eggs Mangos Strawberry-Banana Smoothie Or Salad, Fruit, Roll & Ham, Bean & Lentil Soup (GF&DF) 1% White Milk 1% Chocolate Milk	<h1>PIR Day No School</h1>
28	29	30		
Grilled Chicken Burrito Mexican Rice Black Beans Cantaloupe Or Salad, Fruit, Roll & Creamy Tomato Basil Soup 1% White Milk 1% Chocolate Milk	BLT Sandwich Pasta Salad Carrots Mixed Fruit Or Salad, Fruit, Roll & Chicken & Dumpling Soup 1% White Milk 1% Chocolate Milk	Ground Beef & Pork Lasagna Garlic Bread Caesar Salad Plum Or Salad, Fruit, Roll & Asian Chicken Wonton Soup (GF&DF) 1% White Milk 1% Chocolate Milk		

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free