




Anderson School Lunch Menu March 2020

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
Chicken Fajita Topping Station Tortilla Chips Black Beans Pineapple Or Salad Bar with Chicken & Dumpling Soup 1% & Skim White Milk 1% Chocolate Milk	Peanut Butter & Jelly Sandwich Chicken Noodle Soup Carrot & Celery Sticks Pears Or Salad Bar with Creamy Tomato Basil Soup (GF) 1% & Skim White Milk 1% Chocolate Milk	Macaroni & Cheese with or w/o Hot Dogs & Hamburger Roll Mixed Veggies Red Grapes Or Salad Bar with Minestrone Soup (DF) 1% & Skim White Milk 1% Chocolate Milk	Belgian Waffles Bacon Sugar Snap Peas Strawberries w/ Whipped Cream Apple-Grape Juice Or Salad Bar with Chicken Tortilla Soup (GF&DF) 1% & Skim White Milk	Hamburger with or w/o Cheese on a Bun Topping Station Baked French Fries Watermelon Or Salad Bar with Corned Beef & Cabbage Stew (GF&DF) 1% & Skim White Milk Sprinkle Sugar Cookie
9	10	11	12	13
Chicken Chow Mein Crispy Chinese Noodles Mandarin Oranges Or Salad Bar with Turkey & Rice Soup (GF&DF) 1% & Skim White Milk 1% Chocolate Milk	Grilled Chicken in a Pita Pocket Topping Station Mediterranean Quinoa Salad Mangos Or Salad Bar with Taco Soup (GF&DF) 1% & Skim White Milk 1% Chocolate Milk	Ground Beef & Pork Lasagna Garlic Bread Caesar Salad Cantaloupe Or Salad Bar with Cream of Potato Soup (GF) 1% & Skim White Milk 1% Chocolate Milk	Chicken Fried Steak w/ Gravy Scrambled Eggs Hash Brown Patty Bananas Orange Juice Or Salad Bar with Tomato Florentine Soup (DF) 1% & Skim White Milk	<h1 style="margin: 0;">PIR Day</h1> <h1 style="margin: 0;">No School</h1>
16	17	18	19	20
<h1 style="margin: 0;">March 16-20</h1> <h1 style="margin: 0;">Spring Break</h1>				
23	24	25	26	27
Ground Beef & Turkey Hard Shell Tacos Topping Station Tortilla Chips Mexican Pinto Beans Oranges Or Salad Bar with Chicken Noodle Soup (DF) 1% & Skim White Milk 1% Chocolate Milk	French Dip Baked Chips Potato Salad Peaches Or Salad Bar with Asian Chicken Wonton Soup (GF&DF) 1% & Skim White Milk 1% Chocolate Milk	Penne Pasta Primavera with Grilled Chicken Mozzarella Bread Stick Apples Or Salad Bar with Tomato Soup (DF) 1% & Skim White Milk 1% Chocolate Milk	French Toast Sticks Scrambled Cheesy Eggs Carrot Sticks Tropical Smoothie Blueberries Or Salad Bar with Southwestern Pork & Bean Soup (GF&DF) 1% & Skim White Milk	Breaded Chicken Strips Mixed Green Salad Potato Smiles Green Grapes Or Salad Bar with Clam Chowder 1% & Skim White Milk
30	31	31	31	31
Thai Curry Chicken Rice Noodle Bowl Topping Station Cream Cheese Wontons Kiwi Or Salad Bar with Macaroni & Cheeseburger Soup 1% & Skim White Milk 1% Chocolate Milk	Grilled Cheese Sandwich Tomato Soup Ants on a Log Applesauce Cup Or Salad Bar with Chicken Gumbo (DF) 1% & Skim White Milk 1% Chocolate Milk			

All grains are whole wheat, wholegrain or multigrain

GF= gluten free

DF= dairy free

Soup and Salad Bar

Veggies:

Black Olives
Broccoli
Carrots
Celery
Cucumber
Corn
Grape Tomatoes
Mixed Greens
Pickles
Sugar Snap Peas

Fresh Fruit:

Seasonal Varieties

Proteins:

Cheese
Chicken Strips
Cottage Cheese
Cream Cheese
Garbanzo Beans
Ham
Hard Boiled Eggs
Peanut Butter
Sunflower Seeds
Turkey
Yogurt Variety

Grains:

Bagels
Breadsticks
Crackers
Croutons
Gluten Free Bread
Granola
Peanut Butter & Jelly Uncrustables
Rice Cakes

Dressings:

Balsamic Vinaigrette
Caesar
Poppy Seed
Ranch

Condiments:

Butter
Jellies
Ketchup
Mustard
Smart Balance

Lunch Prices:

K-4 \$3.25

5-8 \$3.75

Adults \$4.25

Milk 55 cents

- Skim Chocolate Milk will only be served Monday-Wednesday.
- Dessert will be served on Fridays.
- Please join your child anytime to enjoy our lunch program. Let the front office or your child's teacher know when you plan on attending.

If you have any questions, comments or concerns, please contact me!

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